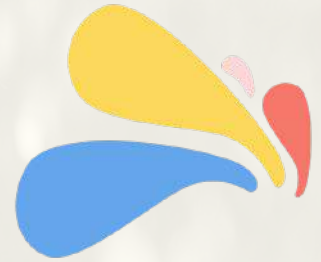


# Monthly Newsletter



**International Medical Education Trust 2000 – Palestine**

## Spotlight on August 2025

1. **Building Capacity in Emergency Care: ATLS Course by IMET2000–Pal**
2. **IMET2000 Supports Nurse Areefa Abu Karsh in Her PhD Journey**
3. **IMET2000 Promotes Mental Health with Stress Relief Workshop in Nablus**
4. **Paediatric Advanced Life Support (PALS) Training Workshop by IMET2000 for Medical Professionals**
5. **IMET2000 Adds New Scientific Resources to Palestinian University Libraries**
6. **IMET2000 Sponsored Mr Oday Shaar's Clinical Training in Turkey**
7. **IMET2000–Pal Trained Doctors and Nurses in Two Basic Life Support (BLS) Workshops**
8. **IMET2000–Pal Hosted an Advanced Cardiovascular Life Support Training (ACLS) for Doctors and Nurses**
9. **IMET2000 Renews Dr Majed Al-Alami's Psychiatry Scholarship for the Fifth Consecutive Year**



Prof Colin Green  
Founder, Director of Overseas  
Development & Treasurer



Prof Malik Zaben  
Chief Executive Officer of IMET2000



Mr Fady Zaben  
IMET2000–Pal Representative



Eng Alia Taradeh  
Administrative Assistant



Dr Ahmed Rjoub  
Medical Education Officer



Mr Ahmad Daqqa  
IMET2000–Pal Research Officer



Mr Osama Anaya  
Nursing Education Officer

## Building Capacity in Emergency Care: ATLS Course by IMET2000-Pal



Ramallah, July 30–31, and 1 August 2025 – IMET2000-Pal organised a three-day training course titled "Advanced Trauma Life Support (ATLS)", accredited by the American College of Surgeons (ACS). The training took place at the IMET2000-Pal Training Centre with 13 participants from governmental and private hospitals, in collaboration with the Palestinian Ministry of Health.



The course aimed to enhance the skills of Palestinian medical professionals, ultimately contributing to improved emergency care for trauma patients and addressing the growing need for training in rapid trauma and emergency response to provide high-quality medical care. And to effectively convey medical concepts, enable rapid medical assessment, and equip participants with the skills necessary for initial medical interventions to save lives.

## IMET2000 Supports Nurse Areefa Abu Karsh in Her PhD Journey

IMET2000 has awarded a scholarship to Nurse Areefa Abu Karsh to pursue a PhD in Critical Care Nursing at Universiti Sains Malaysia.

This initiative reflects IMET2000's strong belief in the pivotal role of nursing as a cornerstone for improving the quality of healthcare in Palestine. By empowering talented nurses to continue their higher education and enhance their research and practical skills.



### Expressing her gratitude, Ms Abu Karsh said:

*"It is truly an honour to be granted this opportunity. Your support has inspired me to give back to my community and to contribute positively to nursing and healthcare, both in Palestine and globally."*



With this scholarship, IMET2000 reaffirms its commitment to advancing education and training across health disciplines, with a special focus on empowering nurses and strengthening the Palestinian health sector.

## IMET2000 Promotes Mental Health with Stress Relief Workshop in Nablus

As part of its ongoing commitment to promoting mental well-being, IMET2000–Pal organised a training workshop on Tuesday, August 12, 2025, titled “Stress Relief and Management for Caregivers of Children with Disabilities.”. The workshop targeted the staff of the Sanad Association for People with Disabilities, which provides services to children with learning difficulties and autism spectrum disorders.



This workshop, led by Dr Afaf Rabee and Ms Nisreen Salman from UEF Palestine, offered interactive sessions on self-care, emotional release techniques, and strategies to manage work-related stress. Participants praised the workshop’s practical value and highlighted the importance of continuing such initiatives to support caregivers and enhance the quality of care for children with learning difficulties.



# Paediatric Advanced Life Support (PALS) Training Workshop by IMET2000 for Medical Professionals

On August 5-6, 2025, IMET2000-Pal organised a training workshop in Nablus titled:

## “Paediatric Advanced Life Support (PALS) Training Workshop for Doctors”

The workshop was attended by six doctors from various governmental and private hospitals across the region.



The training focused on key components of paediatric emergency care, including updates from the 2020 American Heart Association PALS guidelines. Participants engaged in practical sessions covering the paediatric systematic approach, high-quality CPR for infants and children, management of respiratory and cardiac emergencies, and early intervention strategies. The course also included training in multi-rescuer resuscitation techniques and team dynamics.



# IMET2000 Adds New Scientific Resources to Palestinian University Libraries

As part of its ongoing partnership with Book Aid International, IMET2000 has donated a new collection of scientific books to the libraries of Al-Quds University and the Modern College University in Palestine.

The books cover a wide range of fields, including medicine, nursing, dentistry, higher education, and scientific research. This initiative aims to enrich academic resources, ensuring that students and faculty members have access to the latest global knowledge.



Al Quds University



Modern College University

Through this programme, IMET2000 continues to strengthen Palestinian university libraries with advanced references, empowering both learners and educators to stay aligned with modern developments in health and research.

Additional Palestinian universities will also benefit from future distributions, as IMET2000 continues to expand this initiative across Palestine.

# IMET2000



**Book Aid**  
International

## IMET2000 Sponsered Mr Oday Shaar's Clinical Training in Turkey

Dreams of becoming a skilled doctor need more than textbooks—they need real-life experience. That's why IMET2000 supported Mr Oday Shaar, a fifth-year medical student at An-Najah National University, to take part in advanced clinical training in Istanbul.

Through this grant, Mr Oday was able to join an intensive training programme at **Dr Suleyman Yalcin City Hospital in Istanbul**. He gained hands-on experience in surgery, engaged in advanced clinical activities. He closely interacted with leading physicians and consultants, an opportunity that significantly enriched his practical skills and professional knowledge.

### **Reflecting on his experience, Uday said:**

*"This training was a turning point in my journey, greatly enhancing my clinical knowledge and skills. I sincerely thank IMET2000 for its trust and generous support."*

Through opportunities like this, IMET2000 continues to open doors for Palestinian students, helping them gain world-class training and contribute to better healthcare for their communities.



**WELL  
DONE!**

# IMET2000–Pal Trained Doctors and Nurses in Two Basic Life Support (BLS) Workshops

Recognising the vital role of immediate response in saving lives, IMET2000–Pal conducted two training workshops titled:

## “Critical Core Training: Basic Life Support (BLS) Training for Healthcare Professionals”

The sessions took place on **August 13 and August 25** at Friends Medical for Health Creativity Centre in Nablus and the IMET2000–Pal Training Centre in Ramallah, with the participation of 19 doctors and nurses.

The workshops provided essential theoretical knowledge and practical skills in cardiopulmonary resuscitation (CPR) for adults, children, and infants, as well as training on the safe and effective use of Automated External Defibrillators (AEDs).

The trainings were delivered by certified instructors accredited by the American Heart Association (AHA), ensuring participants received up-to-date, standardised instruction in line with international guidelines.



August 13, 2025  
Friends Medical for Health  
Creativity Centre



August 25, 2025  
IMET2000-Pal Training  
Centre



## IMET2000-Pal Hosted an Advanced Cardiovascular Life Support Training (ACLS) for Doctors and Nurses

On August 18–19, 2025, IMET2000-Pal hosted a training workshop titled: “**Advanced Cardiovascular Life Support (ACLS) Course for Nurses**” Accredited by the American Heart Association (AHA).

The workshop was attended by six doctors and nurses from various hospitals. Held at the IMET2000-Pal Training Centre, the course focused on vital topics including the management of respiratory and cardiac arrest, symptomatic bradycardia, airway and stroke management, as well as related pharmacological interventions. In addition, the training placed strong emphasis on developing effective communication and leadership skills within an ACLS team.



# Psychiatry Unit

IMET2000 Renews Dr Majed Al-Alami's Psychiatry Scholarship for the Fifth Consecutive Year



Dr Majed Al Alami, Gaza Strip  
Psychiatry Resident at King Abdullah University  
Hospital, Jordan.