

Monthly Newsletter

International Medical Education Trust 2000 - Palestine



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IMET2000-Pal Supports Riyadh Charity in the Rehabilitation of People with Disabilities

As part of its ongoing commitment to supporting the psychological and therapeutic wellbeing of children in Palestine, IMET2000 has renewed its support grant to Al-Riyadh Charitable Society for People with Disabilities in the Salfit Governorate. This charity focuses on providing care for children with learning difficulties and autism spectrum disorders. The renewed grant aims to ensure that children continue to receive therapy sessions, including psychological counselling, occupational therapy, and speech therapy.

An agreement was signed between IMET2000 and Al-Riyadh Charity on May 3, 2025, in the presence of Mr Fady Zaben, IMET2000-Pal representative, and Mrs Alia Taradeh, Administrative Assistant. Representing Al-Riyadh Charity were Mr Farooq Al-Deek, Executive Director, and Mrs Amina Odeh, Director of the Charity.



The two parties also discussed the development of specialised training programmes to enhance the skills of therapists and specialists working within the charity, with the aim of improving the quality of services provided to children with learning difficulties.



IMET2000 Held Paediatric Advanced Life Support Training Workshop for Doctors

On May 6-7, 2025, IMET2000-Pal organised a training workshop titled:

“Paediatric Advanced Life Support (PALS) Training Workshop for Doctors”

At An-Najah Training Centre in Nablus. The workshop was attended by six doctors from various governmental and private hospitals across the region.



The training focused on key components of paediatric emergency care, including updates from the 2020 American PALS guidelines. Participants engaged in practical sessions covering the paediatric systematic approach, high-quality CPR for infants and children, management of respiratory and cardiac emergencies, and early intervention strategies. The course also included training in multi-rescuer resuscitation techniques and team dynamics.

The workshop was delivered by Mr Fady Zaben, IMET2000-Pal Representative and a certified instructor by the American Heart Association.



IMET2000 Conducted Training Workshop on Stress Relief and Management for Staff at Al-Riyadh Charity for People with Disabilities



As part of its ongoing commitment to promoting mental well-being, IMET2000-Pal organised a training workshop on Tuesday, May 13, 2025, titled "Stress Relief and Management for Healthcare Professionals". The workshop targeted the staff of the Al-Riyadh Charity for People with Disabilities, which provides services to children with learning difficulties and autism spectrum disorders.



This workshop aimed to raise awareness of the importance of mental health among caregivers and to equip them with practical tools to manage daily stressors and reduce their impact. It featured a series of interactive sessions and hands-on activities focused on identifying signs of psychological stress, emotional release techniques, self-care strategies, and fostering positive communication with oneself and others.

The workshop was led by Dr Afaf Rabee, Mental Health Support Officer at UEF Palestine. Participants expressed high appreciation for the workshop's relevance and actionable content.



IMET2000-Pal Hosted an Advanced Cardiovascular Life Support Training (ACLS) for Nurses

On April 8–9, 2025, IMET2000-Pal hosted a training workshop titled:

“Advanced Cardiovascular Life Support (ACLS) Course for Nurses”

Accredited by the American Heart Association (AHA). The workshop was attended by six nurses from various hospitals.

Held at the IMET2000-Pal Training Centre, the course focused on vital topics including the management of respiratory and cardiac arrest, symptomatic bradycardia, airway and stroke management, as well as related pharmacological interventions. In addition, the training placed strong emphasis on developing effective communication and leadership skills within an ACLS team.



IMET2000 Supported Dr Khayria Assaf's Participation in Youth Pre-WHA 2025 in Geneva



Dr Khayria Assaf, an intern doctor at Jenin Governmental Hospital, received a grant from IMET2000 to attend the Youth Pre-World Health Assembly (Youth Pre-WHA) in Geneva, Switzerland, held from May 14 to May 18, 2025.



This grant enabled Dr Khayria to take part in training sessions led by experts from the World Health Organization (WHO), focusing on Global Health Education and Advocacy, Social Accountability, and Meaningful Youth Engagement in Global Health, as part of the International Federation of Medical Students' Associations (IFMSA) delegation.



Dr Khayria expressed her sincere gratitude to IMET2000 for its efforts in supporting and empowering junior doctors in Palestine. She emphasised how this valuable opportunity allowed her to deepen her knowledge and understanding of global health. She also reaffirmed her commitment to contributing to the development of the Palestinian healthcare system and intends to apply what she gained from the Pre-WHA training within the Palestinian context.

IMET2000-Pal Delivered Three BLS Training Workshops for Healthcare Professionals

This month IMET2000-Pal conducted three training workshops titled:

“Critical Core Training: Basic Life Support (BLS) Training for Healthcare Professionals”

The sessions were held at the IMET2000-Pal Training Centre, Birzeit University for nursing internship students, and An-Najah Training Centre. A total of 27 participants attended the workshops.

Each workshop offered essential theoretical knowledge and practical skills in cardiopulmonary resuscitation (CPR) for adults, children, and infants, along with training in the proper use of Automated External Defibrillators (AEDs).

All sessions were delivered by certified instructors accredited by the American Heart Association (AHA).



May 12, 2025
IMET2000-Pal Training Centre



May 21, 2025
Birzeit University



May 28, 2025
An-Najah Training Centre