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IMET2000-PAL NEWSLETTER



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IMET2000-PAL

ART THERAPY FOR CHILDREN WITH CANCER



IMET2000-PAL in cooperation with An-Najah National University Hospital organized two activities in art therapy this month for children undergoing treatment for cancer. Nine children attended the event. Through this scheme we aim to achieve multiple benefits which include, but not limited to: (1) control anger, (2) enhancing their mental health, (3) providing healthier, more positive body images, as well as support in safely expressing difficult emotions, and most importantly (4) increasing self-esteem and improving the children's mood as they are undergoing treatment. The two activities took place on the 7th and 16th of Sep with Six children attending the first and three attending the second. The first session included a wide range of psychological art activities on interpretation of facial expressions, breathing exercises and coloring to help introduce children to new ways to control nervous emotions in an appropriate manner. The second treatment session included analytical exercises for the character through drawing to explore the psychological feelings of children especially those suffering from isolation. During the session the children drew a number of paintings with the help and support of Ms. Hadeel Alawneh, our art therapist.

ART THERAPY FOR CHILDREN WITH CANCER



IMET2000-PAL Scholarships

Our fellows continue to prosper in mental health and other health science fields:

Dr Amal Abu Obada (Gaza) completes successfully her 3rd year in mental health training–Congratulations..!

Dr Omar Al Ashhab (Ramallah) starts his 2nd year of training upon successful completion of the 1st year. Very well done!

Dr. Yasser Ashaer from (Gaza) successfully completes 5-yr training in psychiatry training– Congratulations..!

Dr. Ehab Balawi from (Gaza) successfully starts his training in Neurosurgery in China upon completion of the 1st probationary year successfully. Well done..!

Ms. Ibtisam Dweikat (Hebron) with a scholarship from IMET2000 continues her PhD in maternal health and midwifery. All the best! In addition we have granted Mr. Mohammad Al Butma a travel bursary to attend an international conference in Spain, which focuses on lung cancer and new diagnostic methods for the disease!

IMET2000-PAL Scholarships



Dr. Omar Al Ashhab
2nd year psychiatric resident



Dr. Amal Abu Obada
4th year psychiatric resident



Dr. Ehab Balawi
1st year neurosurgery resident

IMET2000-PAL Scholarships



Mr. Mohammad Al Butma

Staff Nurse, Augusta Victoria Hospital



Ms. Ibtesam Dwekat

PHD in Mental Health, Lecturer at Nursing and Midwifery Department , Al Quds University

Advanced Trauma Life Support Progress

September 19, 2019; IMET2000-PAL organised the Advanced Life Support (ATLS) 10th Edition Instructors Update Course. The workshop was attended by 9 instructors. Dr. Mahmoud Odat/Chair Jordan ATLS Chapter led this workshop. We are looking forward for running this course on October 18 th - 20 th 2019 in the presence of international experts.



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