

IMET2000-PAL NEWSLETTER



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- Three Basic Life Support (BLS) Workshops for Physicians and Nurses.
- Art Therapy for Kids with Cancer.

BASIC LIFE SUPPORT WORKSHOPS

IMET2000 organized three (BLS) workshops in July:

July 02, 2019; IMET2000-PAL in cooperation with Ministry of Health (MoH) and American Arab University-Jenin organised the Critical Core Training: Basic Life Support (BLS) Training for Mental Health Nurses - Session II. The workshop was attended by 10 Nurses from Mental Health Hospital/Bethlehem and Beit-Jala Governmental Hospital. This workshop was led by Mr. Ahmad Hudrob (American Heart Association "AHA") Instructor.



BASIC LIFE SUPPORT WORKSHOPS

July 10, 2019; IMET2000-PAL in cooperation with Palestinian Nursing and Midwifery Association- Bethlehem branch organised the Critical Core Training: Basic Life Support (BLS) for Nurses. It is designed for critical care nurses, who are working in the emergency, medical, and critical departments. The workshop was attended by 8 nurses from governmental and private hospitals in Bethlehem. This workshop was led by Mr. Ayman Anaya instructor from American Heart Association "AHA"- American Arab University- Jenin



BASIC LIFE SUPPORT WORKSHOPS

July 21, 2019; IMET2000-PAL in cooperation with American Arab University-Jenin organised the Critical Core Training: Basic Life Support (BLS) for Physicians VII . The workshop was attended by 20 physicians from different hospitals in the West Bank at American Arab University in Al-Riyhan . This workshop was led by Mr. Ahmad Hudrob and Mr. Hisham Zahrab(American Heart Association "AHA") Instructors.



THERAPY FOR CHILDREN WITH CANCER



IIMET2000-PAL in cooperation with An-Najah National University Hospital organized three activities in art therapy this month for children undergoing treatment for cancer. Through this scheme we aim to achieve multiple benefits which extend to involve, but not are limited to (1) reduction in treatment associated stress, (2) increase sense of self-awareness, (3) improvement in communication with the treating staff, and (4) providing healthier, more positive body image as well as safe expression of difficult emotions and most importantly (5) increase self-esteem and improvement in children mood as they are going through treatment.

The first activity was on July the 9th 2019. Six children benefited from this session which included a wide range of psychological activities. A second treatment session was also organised on the 16 th July, 2019. This was attended by 4 children and included a watercolor coloring exercise for fingers and hand muscles, which left a positive impression on you boys and girls and aimed to increase their self-confidence. The third activity was on the 28 th of July was attended by 4 children. This session included an activity to break the fear from treatment through cooperation with the the Department of Pediatric Nursing to develop their mental thinking and communication between children and the hospital staff. The children drew a number of paintings with help from a volunteer nurse Ms. Maryam Halabouni and Ms. Hadeel Alawneh our art therapist.

THERAPY FOR CHILDREN WITH CANCER

