

IMET2000-Pal Monthly Newsletter

A Newsletter for International Medical Education Trust
2000-Palestine



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Mr. Fady Zaben
IMET2000-Pal Representative

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Eng. Alia Taradeh
Administrative Assistant



Dr. Motaz Daraghmeh
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Nursing Education Officer

IMET2000 Signed a Memorandum of Understanding with Palestine Polytechnic University

This agreement aims to support and implement joint programmes to assist staff and students in developing their educational and teaching skills through various training programmes and workshops. And it provides valuable training opportunities for students.

Both parties convened, shared their visions, and officially signed the MoU at IMET2000-Pal Ramallah Centre. Mr Fady Zaben represented IMET2000-Pal, while Dr Majed Dwaik, the Dean of the College of Medicine at Palestine Polytechnic University (PPU), represented PPU.

The agreement primarily focuses on future cooperation strategies between IMET2000 and PPU, aligning with shared visions. This collaboration aims to enhance students' knowledge, research, and practical clinical skills. It also seeks to broaden cooperation opportunities through various training programs and workshops provided by IMET2000.



In this collaboration, we granted 104 health scientific books in the fields of (Medicine and Nursing) to Palestine Polytechnic University. We are happy to see students exploring those books and getting the knowledge they need to complete their education and build their future.



IMET2000 Granted Partial Scholarships to Five Students Majoring in Medicine at Arab American University

The International Medical Education Trust 2000 (IMET2000) granted scholarships to five medical students at Arab American University, covering part of their tuition.

This initiative aligns with IMET2000's overarching goal to uplift and reinforce medical education in Palestine. Through such scholarships, IMET2000 not only aim to alleviate tuition costs for students and their families but also showcases IMET2000's commitment to expanding scholarships for a broader range of medical students in Palestine.

In light of this support, the students expressed their gratitude to IMET2000, emphasizing how such support motivates them to excel academically and sets the foundation for a bright future in their professional journey.



Majd Kmail



Malak Abu Samra



Osama Alqerem



Issa Awwad

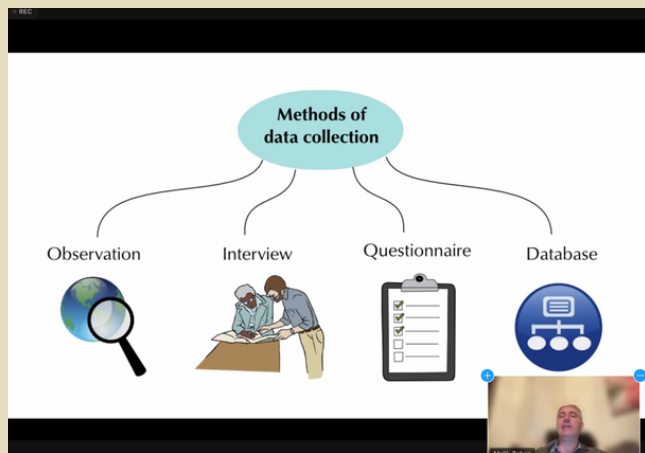


Mohammad Nazzal

IMET2000 Completed Its Research Programme this November: Attended by more than 120 Participants

IMET2000 is delighted to announce the successful completion of the third volume of its Research Education Programme, this year conducted entirely via Zoom. Under the umbrella of the IMET2000 Research Club, the series saw an impressive engagement, with each of the seven sessions attracting over 120 participants.

Led by Dr. Malik Zaben, CEO of IMET2000, and Researchers from Cardiff University, UK, the programme offered an in-depth look into various aspects of medical research. Dr Motaz Daraghmeh, IMET2000's medical education officer, coordinated the programme.



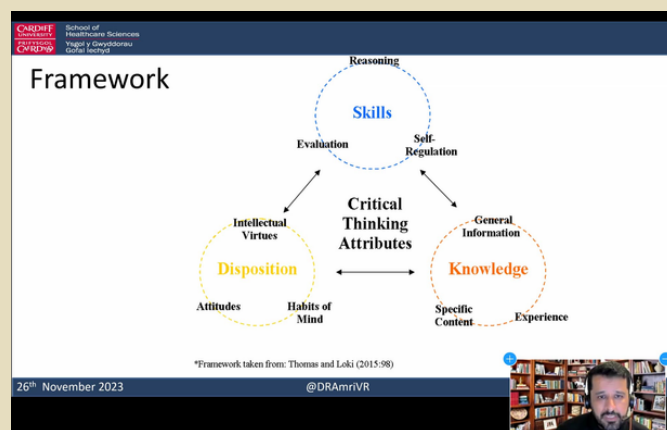
Example 1
Step 1: Planning

- **Research Question:** To investigate interleukin-10 (IL-10) as a prognostic biomarker of clinical outcomes after traumatic brain injury (TBI).
- **Inclusion criteria:** (i) Adult patients (age 16 years or above) with a diagnosis of TBI; (ii) Patients with IL-10 levels measured post-TBI and reported details regarding tissue (serum, CSF, or intraparenchymal), time of measurement, and method of quantification; (iii) Clinical outcome reported (neurological outcome or mortality, and time point of assessment).
- **Outcome:** We will evaluate the levels of serum/CSF (cerebrospinal fluid)/intra-parenchymal IL-10 and its correlation with the neurological outcome (GOS score) following TBI.

P	Population
I	Intervention
C	Comparison
O	Outcome

The sessions are thoughtfully organized to cover a range of topics that is crucial for budding researchers, including:

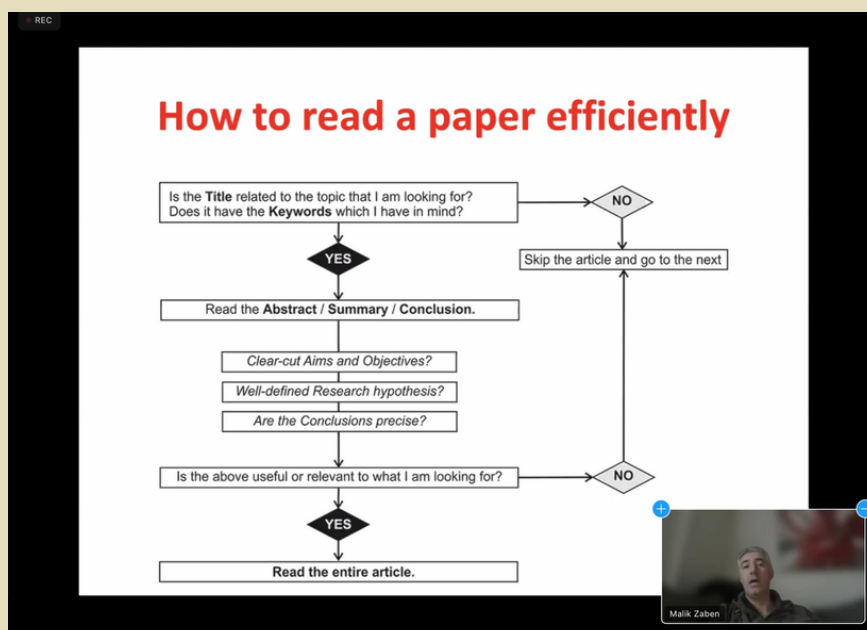
“Clinical Audit”, emphasizing the importance of maintaining and evaluating clinical standards; “Formulating Research Questions”, guiding attendees in developing effective research inquiries; “Research Methodology”, delving into diverse research strategies; “Data Collection and Analysis”, aimed at enhancing data management skills; “Reading Research Papers”, improving the ability to critically assess scientific literature; “Systematic Review and Meta-Analysis”, offering training in advanced literature review techniques; and “Academic Writing and Results Dissemination”, focusing on the effective communication of research outcomes.



Participants have expressed considerable appreciation for the programme, noting marked improvements in their research capabilities, analytical insight, and confidence in navigating the complex world of scientific research. Conducting the programme via Zoom not only made it accessible to a wider audience but also fostered an interactive and collaborative learning environment.



The programme's conclusion was marked by a notable sense of achievement among participants and organisers. This success highlights the IMET2000 Research Education Programme's ongoing commitment to advancing medical research excellence. With an eye on the future, the IMET2000 team is already for the next series, aiming to provide even more enriching educational experiences.



IMET2000 Sponsored Mr Bilal Awad with a Travel Bursary to Attend EONS16 at ESMO Congress 2023

IMET2000 Sponsored Mr Bilal Awad with a Travel Bursary to attend the EONS16 at ESMO Congress 2023 in Madrid -Spain to present his article about:

Nurses Readiness Towards Palliative Care Among Advanced Cancer Patients in Palestine"

This is whar Mr Bilal had to say:

"I want to express my sincere gratitude for the invaluable support you provided, enabling me to participate in the ESMO 2023 Oncology Conference in Madrid, Spain, to talk about oncology and palliative care in Palestine.

Your generous assistance has had a profound impact on my ability to attend this important event.

Thanks to your support, I had the opportunity to engage with leading experts in the field, access cutting-edge research, and enhance my knowledge of oncology. This experience has been instrumental in my professional growth, and I am truly appreciative of your belief in my potential.

I am committed to utilizing the knowledge and connections gained at the conference to make a positive contribution to the field of oncology and, ultimately, to our community in Palestine.

Your support has made this journey possible, and I am deeply thankful for your generosity

Once again, thank you, IMET2000 Palestine, for your invaluable assistance in making this opportunity a reality"

*Sincerely,
Bilal Awad*



IMET2000 Organised Three Basic Life Support Training Workshops this November

IMET2000-Pal in cooperation with the (An-Najah National University, the Modern University Collage and the Arab American University) Heart Centres organised Three training workshops attended by 21 doctors and nurses from governmental and private hospitals on:

Critical Core Training: Basic Life Support (BLS) training for Healthcare Professionals

The workshops took place at the IMET2000-Pal Training Centre and An-Najah Heart Training Centre. These trainings aimed to provide instructions and practical sessions about Cardiopulmonary Resuscitation (CPR) for healthcare professionals, Automated External Defibrillation (AED) and First Aid. They were led by certified instructors from American Heart Association(AHA).



BLS 4th, November, 2023



BLS 13th, November, 2023



BLS 27th, November, 2023

IMET2000 Celebrates the Graduation of Ms Esraa Sawalha in MSc Community Mental Health Nursing

We're pleased to share with you that Ms Esraa Sawalha, a nurse from Nablus, has successfully completed her MSc studies in Community Mental Health at An-Najah National University, sponsored by IMET2000.

The aim of these scholarships was to enable individuals to deliver high-quality mental health care to individuals, families, and communities across various settings. The program sought to produce specialized graduate-level nurses who are highly qualified in mental health nursing, and equipped with skills in education, research, and specialized practice. The ultimate goal was to enhance the community's capacity to address mental health issues and provide comprehensive community mental health services, including therapy, training, and research.



Ms Esraa Sawalha