

# IMET2000-PAL NEWSLETTER



## INSIDE THIS ISSUE :

- Three Basic Life Support (BLS) Workshops for Physicians and Nurses.
- AO Trauma Basic Principles and Fractures Treatment Course for Five Nurses
- Art Therapy for Children with Cancer.
- Advanced Trauma Life Support on Its Way

# BASIC LIFE SUPPORT WORKSHOPS

## **IMET2000 organized three (BLS) workshops in August:**

August 04, 2019; IMET2000-PAL in cooperation with American Arab University in Jenin organized the Critical Core Training: Basic Life Support (BLS) for Physicians VIII. The workshop was attended by 10 physicians from Jenin governmental hospital and took place at the American Arab University in Jenin. This workshop was led by instructor Mr. Fayez Ghannam (American Heart Association “AHA”).



# BASIC LIFE SUPPORT WORKSHOPS

August 18, 2019; IMET2000-PAL in cooperation with American Arab University in Jenin organized the Critical Core Training: Basic Life Support (BLS) for Nurses. The workshop was attended by 9 nurses from the Arab American University (AAU) headquarters in Al-Rayhan neighborhood in Abu-Qash, Ramallah. This workshop was led by instructor Mr. Ahmad Hodrob (American Heart Association "AHA").



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# BASIC LIFE SUPPORT WORKSHOPS

August 25, 2019; IMET2000-PAL in cooperation with American Arab University in Jenin organized the Critical Core Training: Basic Life Support (BLS) for Physicians X. The workshop was attended by 10 physicians from different governmental and private hospitals and was held at the American Arab University in Al-Ryihan. This workshop was led by instructor Mr. Ahmad Hodrob (American Heart Association "AHA").



## AO TRAUMA BASIC PRINCIPLES AND FRACTURES TREATMENT COURSE FOR FIVE NURSES

IMET2000-PAL in cooperation with Al-Najah National University Hospital, supported five nurses to participate and attend a training course on the basic principles of how to manage patients with traumatic injuries. This training took place on June 20th, 2019, for three days at the Palestinian Red Crescent Center and attended by doctors and nurses from all over the country. The course covered many scientific topics that were divided into two main categories: (i) practical section and (ii) theoretical section. The course focused on the basic principles of orthopedic techniques, and methods of dealing with trauma and fractures through training in small groups guided by international and national colleges. The feedback on the course was excellent and perceived to have increased participants' knowledge in trauma and fractures management. This inline with our strategy to enhance trauma training in Palestine to help doctors and nurses cope with the increasing numbers of traumatic injuries. IMET2000-Pal is hoping to complement this training with the very soon upcoming training for doctors in Advanced Trauma and Life Support.



# ART THERAPY FOR CHILDREN WITH CANCER



IMET2000-PAL in cooperation with An-Najah National University Hospital organized two activities in art therapy this month for children undergoing treatment for cancer, around 12 children attended the event. Through this scheme we aim to achieve multiple benefits which include, but are not limited to: (1) integrating the children with society, (2) enhancing their mental health, (3) creating an opportunity for the children to be acquainted with their peers by coloring with their mothers, (4) providing healthier, more positive body images, as well as support in safely expressing difficult emotions, and most importantly (5) increasing self-esteem and improving the children's mood as they are undergoing treatment.

The 2 activities took place on the 8th and 24th of August with 5 children attending the first and 4 attending the second. The first session included a wide range of psychological activities to help stimulate the children's minds. The second treatment session included a watercolor exercise which exercised the children's fingers and hand muscles, which left a positive impression on both the boys and the girls, and aimed to increase their self-confidence. This session also involved 2 children suffering from psychological isolation and loneliness due to the conditions of their diseases, and helped integrate them in the interactive artistic exercises. Both children benefited from the session, as one of the 2 - a girl aged 5 years old - interacted with the others and decorated the walls of her room, and the mother of the other child - a boy aged 4 - expressed her happiness with the art therapy program which had thoroughly improved her child's mental health. During the session the children drew a number of paintings with the help of Ms. Hadeel Alawneh, our art therapist.

# ART THERAPY FOR CHILDREN WITH CANCER



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## Advanced Trauma Life Support on Its Way

IMET2000-PAL organized a meeting for our Palestinian ATLS trainers in Palestine Red Crescent Society. This meeting was an excellent opportunity for the trainers to exchange ideas on how to run the first upcoming ATLS training in Palestine. The trainers have also allocated and practiced the topics they will be teaching in the course. The feedback was constructive. We are looking forward for running this course on October 18 th - 20 th , 2019 in the presence of international experts.



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